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# About our Circle

 Meets once a month    Looking for members

Strataa Collective is a community dedicated to fostering whole-person wellness through meaningful dialogue, scientific understanding, and emotional connection. We bring together individuals from all backgrounds to explore the layers that shape our physical, mental, and hormonal health. Rooted in inclusivity, education, and shared humanity, our mission is to empower every person to find balance, strength, and authenticity within their own layers of life.

Read less

Working moms

Entrepreneurs

Healthcare

Mentoring

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## 1 Leader, 4 Members



Dr Tiffany  
Harris

Leave us your email to join at  
[info@stratainc.org](mailto:info@stratainc.org)